

Holocaust Education Week

Lesson Plan

One Drop of Kindness (50 minutes)

Created by Michelle Rivas

Grade Levels K-4

STANDARDS:

LAFS.K12.SL.1.2

Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

LAFS.K12.R.3.7

Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.

LAFS.K12.SL.1.1

Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.

ESSENTIAL QUESTION:

How do we show kindness to others so that it spreads throughout our world?

LEARNING GOALS:

- ✧ Students will develop an awareness of similarities and differences.
- ✧ Students will understand people can speak and play or work in a positive way verses a negative way.
- ✧ Student will understand how being an upstander applies to their lives today.
- ✧ Students will develop an understanding of the concept of caring about others.

RESOURCES/MATERIALS NEEDED:

- ✿ **One Drop of Kindness** by Jeff Kubiak (book or YouTube read aloud)
- ✿ Discussion Questions (included below)
- ✿ Butterfly Cut-outs (included below)
- ✿ White Cardstock
- ✿ Laminator and laminating sheets
- ✿ Glue, scissors, string
- ✿ Markers, crayons, colored pencils, glitter, tissue paper, colored paper, any decorating materials you are comfortable with

BEFORE INSTRUCTION:

- ✿ Talk about World Kindness Day and what it means. Watch the YouTube video by “Bystander Revolution” on “Small Acts of Kindness.” <https://www.youtube.com/watch?v=B4CoWUGZyKI>
- ✿ Discuss examples of acts of kindness to make the classroom, school, community, city, world, etc. a better place.
- ✿ Next listen to the YouTube read aloud or read **One Drop of Kindness** by Jeff Kubiak
- ✿ <https://www.youtube.com/watch?v=rQ1uoDAfYLE>
- ✿ Discuss idea of how one act of showing kindness to someone can be contagious. How one person’s kindness can change the life of others.

DIRECT INSTRUCTION:

- ✿ Read: **One Act of Kindness** by Jeff Kubiak or watch the YouTube read aloud.
- ✿ Throughout the read aloud, use the discussion question ideas to create a meaningful discussion.
- ✿ You can use the KWL chart to guide discussion as well.
- ✿ Brainstorm acts of kindness that the students can do around your school.

COLLABORATIVE WORK:

- ✿ Guide students to understand how acts of kindness can spread.
- ✿ Have students brainstorm examples of acts of kindness with a partner.
- ✿ Then students will use the butterfly cut outs as a template for writing an act of kindness or kind words.

INDEPENDENT PRACTICE:

- ✿ Have the students create a butterfly with an act or words of kindness written in it. Then decorate them.
- ✿ Have the students tell what their words or acts of kindness are and how these acts help create a community of tolerance for all.
- ✿ The butterflies can be laminated and hung with string or chicken wire.
- ✿ Finally, the butterflies can be hung from the ceiling on string, or you can hang them on a tree or fence near the daffodil garden or even just outside for World Kindness Day.



One Drop of Kindness

K (What we Know)	W (What we Want to Know)	L (What I learned)

One Drop of Kindness

Discussion Ideas:

1. What changed "MEAN" school to "The Kindness Academy of World Changing Student"?
2. Why does the book say "One Drop of Kindness is all it takes to Fill a heart with Love"?
3. Was Truly real or was she truly kindness inside Gus?
4. Can someone's behavior effect someone else?
5. How does it affect you when someone is mean compared to when someone is kind?
6. What is Kindness to you?
7. What can you do to stand up to bullies without hurting back?
8. Sometimes we have bad days and just don't feel kind. What is something you can do to share Kindness with someone who is having a bad day?
9. Do you know someone that might be sad, heartbroken, or even almost invisible? What could you do to make that person feel better?
10. What is something kind someone could do for you when you are having a hard day?

"One Drop of Kindness is all it takes to Fill a heart with Love"





